



Our students have been enjoying learning the skills of hockey in Phys. Ed.

The Benefits of School Camp

Our Year 6 students are now getting extremely excited about their upcoming week in Perth for their school camp. It is such an action-packed week, with so many activities scheduled for each day. While all students inevitably enjoy Camp, some may also have some anxiety about being away from home for such a long period of time.

Some of the common worries about camp include:

- Not being able to sleep properly
- Not liking the food camp will offer
- Who they will be sharing a room with?
- Not enjoying the activities camp will offer
- Feeling homesick

Although these are understandable concerns, it is important to help kids feel more positive about camp and to overcome the fear of not enjoying camp.

The benefits of school camp are numerous, here are a few:

1. Development of social skills

School camp is a great opportunity to develop a range of social skills. Most activities at camp involve team work, which is great to strengthen established friendships and also to develop new friendships by connecting with children they don't regularly talk with at school. Through bonding activities, children develop supportive relationships not only with different

children, but also with their teachers. At camp, children have the opportunity to learn about acceptance, caring and understanding.

2. Development of independence skills

For many children school camp is their first time away from family and home for a few nights. Parents are not there to remind their kids to eat their vegetables, brush their teeth, or to have a shower. Therefore, this is a great opportunity for kids to grow up by learning how take care of themselves and to do things on their own. Most kids do rise to the challenge and learn to rely on themselves when they spend time away home.

3. Development of decision-making skills

Should I go with my friends or should I do the activity I really want to do? Should I have the third slice of pizza? Should I stay up or go to bed? Supervising teachers are not able to hover over each child all the time, so at camp, children are responsible for making more of their own choices.

4. Learning new skills

At school camp, children will be exposed to a range of activities that they may not have tried before. When away from their parents, children are often more adventurous and willing to try new things.

OK great... BUT what if your child is feeling anxious about camp?



"Strength through Christ"

*Respect
Compassion
Safety
Responsibility*

7 March 2019

1. Preparation is the key to feeling less anxious.

Talk with your child about their worries and fears. Talk about your own experiences at camp and how you overcame your own challenges. Some other ways to help them to look forward to it include:

- Discuss the activities they will be doing. Which ones will be challenging? Which ones will be fun?
- Practice sleeping away from home by having sleepovers at a close friend or family member's home.

2. Pack together and make it fun.

Give your child the responsibility of checking that they have all the required equipment and take them on a special shopping trip to buy what they are missing. When packing, give your child a special memento to take with them that will help them feel safe. It can be a special soft toy or picture that they can keep in their bag.

3. Talk to your child's teacher and share the concerns you have.

The teacher will appreciate this extra information and most likely will keep a closer eye on your child.

Keep encouraging and supporting your child and help them to get ready for what could be a highlight of their childhood!

New Train for K/P/1-Busy Bee

I am very grateful to Clare and Marty Sebire, who have created a very special 'timber train' for our K/P/1 play area. The train is very similar to the one in the image above. We need to transport it from the Sebire's property near Quininup to our school using utes and/or trailers. It will then need some finishing touches (installation, sanding etc). I am hoping that we might be able to get a group of parents together for a Busy Bee to get this job done. Students would be most welcome to get involved also. Please let me know if you are able to assist. I have pencilled in a Saturday or Sunday afternoon on one of the last two weekends in March. If you are able to help, please let me know which day/weekend you would prefer.

We can potentially organise a BBQ and drinks following our hard work to celebrate this exciting new addition to our playground.



Sundowner- Save the Date

The P&F are in the process of organising a social event for parents and students. Please add the afternoon/evening of Friday 29th March into your calendars. I am hoping that this sundowner will be a great opportunity for parents to socialise together and celebrate a successful start to another school year. Keep an eye on the next few newsletters for more details.



Altar Server
Sunday 10 March – Gaia

Assessment Books

Tomorrow, your child should bring home their Assessment Book for the first time this year. This Assessment Book will contain a range of different tests and assessment tasks that your child has completed over the first few weeks of 2019. Please take the time to look through the book with your child and ask them to explain to you what they have been learning in class. Please offer some constructive feedback and assist your child to develop some appropriate learning goals for the second half of the term. Please make sure that, once you have written a comment on the space provided, that you return your child's Assessment Book to class, for more work to be added.

Commissioning Mass

On Sunday 17th March, at 8.30am, we celebrate a very special occasion with our School Commissioning Mass. I am hopeful that all families are able to attend this Mass, as it is a tremendous opportunity for us to gather as a community to celebrate the beginning of another new year. In particular, the following groups of people will need to attend, as during the Mass there is a special commissioning ceremony to acknowledge them:

- School Board members
- P&F Executive members
- Children receiving a Sacrament in 2019 (Year 6, Year 4, Year 3)
- Year 6 student leaders

Year 5 joining Year 4 for Week 6

During the week of Year 6 Camp (March 11-15th), our Year 5s will join Miss Dallimore and the Year 4 Class. Miss Dallimore and Mrs Mueller will plan lessons so that the learning program for our Year 5s is disrupted as little as possible.

Athletics Training and Carnival

The Athletics Carnival will again be in Term One this year (Friday 5th April) at PDHS and will follow a similar format to last year. We will hold three upcoming training sessions for students (Y2-6), where they will travel by bus to PDHS. There won't be a permission note for this, as it is covered by the General Permission Note that all families signed at the beginning of the year. Sessions will be:

- Thursday 7th March 1.40-2.40pm
- Thursday 21st March 1.40-2.40pm
- Thursday 28th March 1.40-2.40pm

I look forward to seeing the students training hard for this year's carnival.

Little Joeys Playgroup

We will again, be running our 'Little Joeys' Playgroup each Monday morning, with the first session being Monday 18th March.

Mrs Kelly will be our playgroup teacher this year. We look forward to hopefully attracting some new families to our school. Please encourage anyone from the community who may be interested to get in touch with us. The playgroup is open to any children who turn three in the 2019 calendar year.

God Bless,

Brett Wilkie

WHAT'S COMING UP?

Fri 8	Assessment books go home
Mon 11 To Fri 15	Year 6 camp
Wed 13	Year 4/5 class Mass at 10am
Sun 17	Commissioning Mass at 8.30am

Office Hours

The office will be open on Friday this week and Monday, Tuesday, Wednesday & Thursday next week.

Congratulations!

Congratulations are extended to the Wilkie family on the birth of Lucy Annabelle on Tuesday 5 March. All's well.

**Joseph the Bear Recipient****Congratulations Edge Van Hazendonk!**

For your positive attitude and the effort you put into trying to make the best choices you can. You have seen younger students needing help and helped without being asked. You are setting an example of many MIR qualities.

**Project Compassion – Pancake Fundraising Morning**

This Tuesday the students really out did themselves with their enthusiastic participation in our Pancake Fundraiser for Project Compassion.

Nearly every student in the school remembered to bring in 50c or \$1 and enjoyed a pancake feast. From this we have raised approximately \$36 for Caritas. That is an awesome outcome for a school of 40 students.

A huge thank you also goes out to Lisa Ebsary, Kylie Bendotti, Kirby Bendotti and Vanessa Roche who all gave up their morning, rolled up their sleeves and cooked around 80 pancakes in our canteen. Thank you very much ladies without your help our pancake fundraiser would have been difficult to achieve.

Project Compassion Water Carrying Challenge and St Joseph's Feast Day

Tuesday 19th of March is our annual St Joseph's Feast Day fun day we are also holding our final Project Compassion fundraising event on this day.

To help with the fun this day will be a free dress day for all students. At 9.30am the students will be all on the oval participating in our "Water Carrying Challenge" trying to walk as many laps as they can while carrying water in containers. This will be followed up with a range of activities linked to Project Compassion and St Joseph in the classrooms between recess and lunch.

At lunch students will have a complementary sausage sizzle, drink and ice cream provided for lunch. Please note there will be NO regular canteen on this Tuesday.

Finally, the afternoon will conclude with our Year 6 Leaders running a Tabloid Games afternoon. There have already been some very interesting game suggestions brought forward by the students. We are looking forward with anticipation as to what games they will finally come up with.

No Canteen – 19 March

Due to our St Joseph's Day sausage sizzle there will be no canteen on Tuesday 19th March (Week 7).

The canteen will operate as per normal on Tuesday 12th March.

Free Dress

There is free dress for all students on Tuesday 19th March. This is our St Joseph's Day Fun day, please ensure your child were comfortable, sun smart clothing and shoes. This will allow them to fully participate in the outdoor activities and games planned for the day.

**P & F News.....****Canteen Roster:****Tuesday 12**

Katherine Kingston

Tuesday 19

Joo Kim Ebsary

Note: On Tuesday 19 March there will be a sausage sizzle as part of St Joseph's Day activities. See notice in this newsletter.

Celebrating their birthday**William Beck**

Tuesday 12 March





St Joseph's Primary School
is proud to offer a 3 year old playgroup

Little Joeys



A weekly program for children turning 3 in 2019, held in our Early Childhood Centre

Commencing: Monday 18th March
 9am (every Monday during school term)
 It's free – all welcome



Please call our office on 9776 1180 to enrol your child or request more information

www.stjoespemberton.wa.edu.au

Parish Shed Mass & BBQ
 Mark it in your diary!

Saturday 6 April

More details to follow



Southernners Football Club Presents

EAGLES
2018
PREMIERSHIP PLAYERS



Dom Sheed
Mark Hutchings
Josh Kennedy
Will Schofield

Family Friendly Event

****STRICTLY - NO UNSUPERVISED CHILDREN****

When: Sunday, 17th March 2019, *Commencing at 10.30am*

Where: Pemberton Sports Club, 1 Club Road, Pemberton

Details: Entry is \$20.00 per adult, *Children 15 and under FREE*

Members, Guests & Visitors Welcome

Merchandise
 Auctions

Marron
 Raffle

Kids
 Activities

Music by
 Ian Camus

BBQ
 Available

Photo & Autograph
 Opportunities

Bouncy
 Castle

Entry Fee Paid at the Door
 Contact Nicole - 0408 468 835
 For more information

Easter Raffle

It's Easter raffle time! This is our first fundraising event for the year, and we need your help!

We are seeking donations of Easter eggs etc. for prizes. Items can be dropped off at the school office.

Shortly, ticket books will go home with your child. They are books of 20 tickets, the ticket cost is \$1 each.

We look forward to your support. P&F executive



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