



Our Year 6 students with the leadership badges they hope to earn.

Student Leadership at Saint Joseph's

Here at Saint Joseph's, I have been working with our Year 6 students recently on the whole concept of 'student leadership'. A key theme of our discussions has been that leadership is something that is earned. In the real world, people are not awarded leadership positions easily and without proving their mettle.

I have asked the Year 6 students to write a letter of application for a student leadership position. They will need to think carefully about their own unique character traits that will equip them to be effective school leaders. I have encouraged them to think of roles and responsibilities that they can take on around our school and to list these in their application. I look forward to reading their applications and awarding them their leadership badges.

In actual fact, all of our students, not just the Year 6s, can be leaders in their own way. I encourage you to speak to your child about how they might be able to show leadership amongst their own group of peers.

What We Can Learn From Great Leaders

Regardless of your age or situation, all of us can have a positive influence on those around us through acts of leadership. Below are some useful tips for leadership development that have been gleaned from observing great leaders in action.

Lesson 1. Talk less, listen more. The leader's job is to pay attention to what other people say, especially those who think their views don't count. Show you're listening by acting on what people tell you and gain their trust by giving them the credit.

Lesson 2. Don't step in with solutions too quickly. No-one learns anything new if you keep doing what you already know how to do, and don't allow others to try. Anyway, they may find a different, or better way, and if not... mistakes are valuable too.

Lesson 3. Be authentic and passionate about what you believe in. Share your vision and live your values.

Lesson 4. I'm OK: You're OK. Start from the position that everyone is doing the best they can, then look for ways to support and encourage them – which is so much more rewarding than finding fault.

Lesson 5. Don't be the smartest person in the room. Being a leader does not mean knowing more than anyone else. Recognise, encourage and promote others as experts. Give them the trust and autonomy to be creative and do excellent work. You simply provide the direction, so that this excellent work contributes to a shared purpose.

Lesson 6. Being right isn't enough. A great idea is of no consequence unless you can convince others to believe it too, and then persuade them to help you make your idea a reality. The best way to do this is to make the idea 'ours' and not 'yours'.



"Strength through Christ"

*Respect
Compassion
Safety
Responsibility*

21 February 2019

Lesson 7. Focus on a few things that really matter and where you can make a difference. There may be a hundred different distractions and demands on your time and a hundred ways you could respond, but it's the dozen carefully chosen actions that deliver the results.

Lesson 8. Keep trying. Don't beat yourself up when you don't live up to your own expectations. Reflect and learn from those times when you stumble and fall.

Parent Information Evening

Thank you to all of our families for attending our Parent Information Evening last Thursday. I hope you found it informative. If you weren't able to attend, or if you would like to refer back to the information, the presentation for each class is on our school website.

Little Joeys Playgroup

We will again be running our 'Little Joeys' Playgroup each Monday morning, with the first session being Monday 18th March. Mrs Kelly will be our playgroup teacher this year. We look forward to hopefully attracting some new families to our school. Please encourage anyone from the community who may be interested to get in touch with us. The playgroup is open to any children who turn three in the 2019 calendar year.

WHAT'S COMING UP?

Wed 27	Year 2/3 class Mass at 10am
Mon 4 Mar	Labour Day public holiday

Anti-Bullying Strategies at Saint Joseph's

Here at Saint Joseph's, we are very fortunate to be able to say that we rarely have any incidents of bad behaviour or bullying to deal with. We do, however, have a recently updated 'Dealing With Bullying and Harassment Policy'. The full policy is available on our school website, should you ever wish to refer to it. We have a number of bullying minimisation strategies that are generally effective around the school. These include:

- Encouraging acknowledgement and greeting of each other. Names are to be used by all staff and students when addressing people. When we do this, we acknowledge the humanity in the person we are speaking to.
- Conduct regular and explicit teaching about bullying in classes, especially at the beginning of the year.
- Make students aware of their responsibilities with regard to the Bullying Policy through classroom teaching and by communicating information frequently to parents via the school newsletter, parent nights etc.
- Implement lessons to help develop resilience to bullying.
- Have duty teachers attend to instances of inappropriate behaviour and inform class teachers.
- Treat information regarding bullying confidentially.
- Encouraging students to express themselves to those who hurt them appropriately.

If you ever have any concerns about how your child is being treated by others, I encourage you to make a time to speak to your child's teacher- we are here to help!

First Aid Training- Year 5&6

On Friday, our Year 5 and 6 students will undergo a morning of first-aid training, with Geoff Aldersea, accredited first-aid trainer from Trauma One. Geoff has visited our school several times and has also trained our staff in first-aid. He is a knowledgeable and charismatic facilitator. I am sure the students will not only enjoy the training but may also learn some skills that could one day save somebody's life.

Topics likely to be covered include:

- correct way to contact emergency services
- snake bites, other bites and stings
- treating wounds
- resuscitation
- asthma
- anaphylaxis
- treating burns victims
- treating poisoning victims

God Bless,

Brett Wilkie

A NOTE FROM THE COMMUNITY HEALTH NURSE IN 2019

Hello to all the students and their families and welcome back for 2019! For the new families to the school my name is Julia Green and I am the Community Health Nurse for your school. I'm based at the Warren Health Service in Manjimup and cover six schools in the region.

As a Community Health Nurse I work in schools to promote healthy development and wellbeing so students may reach their full potential.

I also serve as a health contact point for children, and their families, providing information, assessment, health counselling and referral.

Some of the services I provide are:

- Information, advocacy and support for children and their parents to make informed decisions about health, wellbeing and development.
- Health and development assessments to facilitate early detection of health and wellbeing issues. One of our largest initiatives being the School Entry Health Assessment that we offer to all new students attending Kindy and Pre-primary.
- Referral to other health services such as GP's, Speech Therapy, Physiotherapy, Occupational Therapy, Optometry and Audiology.
- Parenting advice and parenting programs (i.e. Triple P).
- Support for school health promotion initiatives and delivery of health education programs such as Growth and Development.
- Facilitation of professional development for teachers, e.g. asthma or anaphylaxis.
- Assistance for school staff and parents to develop health care plans for students with special needs (eg chronic disease; physical disability or other complex health conditions).
- Assistance for school administration officers with Immunisation surveillance

Attention Kindy Parents

Update to the Australian Immunisation Schedule: children receiving their 4-year-old immunisations **must be at least 4 years old**, they can no longer receive them from 3.5 years. The reason for this change is to offer longer protection into childhood now that the 18-month dose of Diphtheria, Tetanus and Pertussis (whooping cough) has been reinstated.

If you have any questions, please leave a message at the school or alternatively you can contact me by emailing me on the address below.

Julia Green | Clinical Nurse – Community Health | Warren Health Service | WACHS

Department of Health

Warren Health Service. PO Box 179, MANJIMUP WA 6258

T: (08) 97725100 | F: (08)97725109, School Health Extension: (08) 97725298

E: julia.green@health.wa.gov.au

www.health.wa.gov.au

Works Tuesdays and Wednesdays

Office Hours

The office will be open on Monday, Wednesday and Thursday next week.

Health Card Concessions

Holders of current health care concession cards are asked to bring in a copy of the card. Eligible holders are entitled to a tuition fee discount on their school fees.

If we do not receive a current copy of your card you will be invoiced the full amount for school fees.

Health Care Plan Form etc.

Last week, each family received an envelope with a number of forms that need to be checked, completed. Thank you to the families who have returned these. I still have a few outstanding – if you can return them ASAP it would be appreciated

St Joseph's School are now offering a recycle drop off point for phones, batteries and ink cartridges.

Families are welcome to recycle these products in the marked boxes which are located in the library.

POTTERY CLASSES

Pottery classes are commencing again (behind the CRC)

Wednesdays 7-9pm

Saturdays 1-3pm

Beginners, children and advanced potters

For more information and to book in call

Marilyn on 0408 910 219

P & F News.....**Canteen Roster:**

Tuesday 26 February

Ruth Kelly

Tuesday 5 March

Vanessa Roche

Celebrating their birthday

Sebastian Vesely

Tuesday 26 February

**1st Manjimup Scouts**

Do you like camping, hiking, bushcraft, games, first aid, knots, scientific discovery, camp cooking, achieving badges, and making new friends? Come along and join in the fun!

Enjoy a 4 week free trial.

Joeys 5:00 pm-6:00 pm Tuesday (5-7 Years)

Cubs 5:30pm – 7:30pm Wednesday (8-11 years)

Scouts 6pm-8pm Thursday (11-15 years)

Scout Hall, Collier St, Manjimup.

Contact Dave Allen (0428 767 276)



St Joseph's School

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St Joseph's Primary School

is proud to offer a 3 year old playgroup

Little Joeys



A weekly program for children turning 3 in 2019,
held in our Early Childhood Centre

Commencing: Monday 18th March
9am (every Monday during school term)
It's free – all welcome



Please call our office on 9776 1180 to enrol your child or
request more information

www.stjoespemberton.wa.edu.au