



Students enjoying the Mountain Biking program



"Strength through Christ"

*Respect  
Compassion  
Safety  
Responsibility*

*2 August 2018*

### The Importance of Children Being Active

It has been so thrilling to see the enormous support for the after-school Mountain Biking Program, with close to half of our students now signed up. It is fantastic that so many students are engaging in physical activity after school, rather than watching television, or playing video games.

While there are a number of obvious physical benefits of our children being active (stronger muscles and bones, less risk of becoming overweight, lower risk of diabetes and other conditions, lower blood pressure), there are also a range of less-obvious mental and emotional benefits.

It is proven that children who exercise frequently have a more positive outlook on life, sleep better and are better able to handle physical and emotional challenges- from running to catch a bus to studying for a test. By engaging in physical activity with others, their social skills can also be enhanced.

So, please encourage your children to be as active as possible in the afternoons after school. Even better, if you are able to, join them after work and make it a family activity. Climbing trees, jumping on the trampoline, riding bikes, kicking the footy, even play-wrestling- there are so many different ways to be active. You will probably find that it is also a lot more fun than you think!

### Enrolments for 2019

Believe it or not, we are now well and truly into the second half of the school year! Before too long, our attention will turn to planning for next year. If you know of any families who are considering enrolling their children in Saint Joe's for 2019, whether they be Kindy or older students, please encourage them to make contact with the school. Also, if any of our current students will not be attending St Joe's in 2019 for any reason, please make sure that you communicate this to the office as soon as possible.

### School Disco/Social Night for Parents

The excitement is building for our School Disco for students and Social Night for Parents, on Friday August 10. Your child should have already brought home a note with all details. I hope to see you there!

### Mary MacKillop Feast Day Mass

On Wednesday 8 of August, at 10.00am, we celebrate a special Mass, led by the Year 6 Class, on the Feast Day of Saint Mary MacKillop. Mary MacKillop is such an inspiration to us all and we, as a Josephite school, look forward to paying homage to her in a special way. Please join us for this very special occasion if you can.

### Sports Uniform-Tuesdays

Please note that due to our Options program beginning, for the remainder of Term 3, students should wear their sports uniform on Tuesdays, in addition to Thursdays and Fridays.

### Homework Club

Each Wednesday morning, we will run a Homework Club here at the school from 8.00am. This was an initiative suggested by the staff, as a way of supporting students and their families in completing homework. Each week, a different staff member will supervise the children as they complete their weekly homework. I understand and appreciate that this will be problematic for students who catch the bus, but believe it is a worthwhile initiative if it can help even a small number of families in our community. Students wishing to participate should come to the front desk upon arrival at school and I can direct them to the appropriate room.

### Library Books Going Missing

Unfortunately, this year we have seen an increase in the number of library books that have become lost or damaged, resulting in an unnecessary cost to the school.

### WHAT'S COMING UP?

<b>Tue 7</b>	Options program commences
<b>Wed 8</b>	Feast day of St Mary MacKillop, Mass 10am
<b>Wed 8</b>	Homework Club at 8am
<b>Fri 10</b>	Student disco & parent social evening

Borrowing library books can be an opportunity to help your children learn to be more responsible and organised, important skills for later life. Your assistance with this is greatly appreciated.

### Nature Playground

Here at Saint Josephs, we are excited to embark on a new project- the next stage of developing our nature playgrounds! We are always searching for ways to make our play environments more stimulating for our students. We have some initial ideas but would love some more from the community. If you would like to help with the planning of our nature playgrounds, please contact myself or Rose in the office.

### Code of Conduct

This week our focus is on Conduct Statement 12: 'You allow students to have a voice in their education, safety and well-being'.

You can demonstrate this statement when:

- You recognise that while you and all adults have responsibility for the safety and wellbeing of students, students have opinions and ideas about their education and well-being.
- You treat the opinions of your children with respect and care.
- You offer your children constructive feedback on their ideas and opinions.
- You encourage students to inform you or the Principal of any concerns they have about their own or other students' education, safety or well-being.

Take care,

Brett Wilkie



**Office hours**

The school office will be open on Friday this week and Monday, Tuesday, Wednesday and Thursday next week.

**FOR SALE!**

166L fridge (only fridge, no freezer area). In good working order. Price \$150ono. See Rose or Brett to view.

**Fotoworks School Photos – Sibling Portraits**

Our school photos are scheduled for Wednesday 22 August.

Families have an opportunity to have siblings/family portraits taken. If you wish to have one done, please see Rose in the school office for an order form.

Also please note..... even if you do not wish to order any class or your child's photos you still need to return the order form.  
Thank you!

**LOST! LOST!**

a brand new Macpac rusty red rain jacket. If found, please return to the school office or the Windberg family. Thank you!

**P & F News.....****Canteen Roster:**

**Tuesday 7 August**

Kerry Marshall & Amanda Keough

**Tuesday 14 August**

Sarah De Campo & Ruth Kelly

**Note:** - please ensure that the canteen oven is cleaned properly each week. Recently it was left in an unclean state and it was very difficult to clean. If it is done each week it makes everything easier for one and all!

**Around town...**

**THE MANJIMUP Cherry Harmony FESTIVAL**

**QUIZ NIGHT NIGHT**

**FRI 3RD AUG**

**MANJIMUP COUNTRY CLUB**  
Doors open 6:45pm for a 7:30pm start

**\$10pp tables of 8**  
BYO Supper, licensed bar available (no BYO)  
Tickets available from J & Co. Lifestyle

All proceeds go to The Manjimup Cherry Harmony Festival  
Enquiries to Pam 0409 118 296 **Bookings Essential**

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Manjimup Bridgetown Times | Terry White Chemist | MPDS Painting | Southern Belle Boutique | Manjimup Hotel | Daja Vu Cafe | Stava Vidovich | Access Engineering | James the Jeweller | J & Co. Lifestyle | Royal Life Saving Society WA Inc | Manjimup Monograms | Franine Karamfilas | Go Fresh Fish & Chips | Manjimup Homemakers | RSM | Australia Post | Chicken Treat | Bandotti Exports | Manjimup Florist | Manjimup Visitors Centre | Warren Electrical Services | Stevel's Menswear | Manjimup Newsagency | Alexander's Sports & Leisure | Chestnut Grove Winery | Manjimup Bakery | Hart Mansland | Utopia Video | Brownyn Clemo's Esse Massage & Healing Therapy

**Balingup Medieval Carnivale**

**TICKETS:**  
\$20 day/\$30 weekend.  
Under 16 yrs free

**25-26 August 2018**

[balingupmedievalcarnivale.com.au](http://balingupmedievalcarnivale.com.au)

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## An Interview With...Mrs Mueller



Our Year 6 students have been given the task of conducting some staff interviews for our newsletter, so that the community might find out a little more about some of the wonderful staff members here at St. Joseph's. The students were in charge of compiling a suitable list of questions. This week, James Fox and Taya Hartnett conducted an interview with Sarah Mueller, our wonderful Year 2/3 Teacher.

1) *Why do you think you were hired to work at St Joseph's?*

Well, it was a while ago now, that's a tricky question! I think because I am passionate about education and working with kids. As a recently new graduate, I was excited to apply what I had learned at University and to start trying to help kids with their learning.

2) *Please tell us about your professional history; where have you worked aside from Saint Joseph's and what roles have you had?*

I worked at a nursery for about seven years, before getting a job at East Manjimup Primary for a year, as the Year 2 teacher. Then I was lucky enough to get the job here at St Joes!

3) *What professional qualifications do you have? Are you studying anything at the moment or do you plan to in the future?*

My first degree was actually in Social Sciences, majoring in Children and Family Studies. I was then able to do a Graduate Diploma in Education to get into teaching. I have no plans to do further study at the moment. At times, people have suggested that I study a Masters in Education, but I don't have plans to just at the moment.

4) *What do you enjoy most about working at St Joseph's?*

I just love the fact that everyone is so close. Everyone gets along really well, which makes it such a nice place to be. Everyone's just really lovely, especially the kids- they are all really nice. The parents are supportive, too.

5) *What are your interests in life outside of St Joseph's?*

Horses, horses and horses! I have three horses, one is very old now and has no teeth! Another one is a companion, while the third one I do flat work and jumping with. I don't know why I love working with horses so much, I just always have ever since I was a young girl. Two of my horses live at my parents' block, with the other one living right next door, so that works out well.

6) *I know last year you got married, which meant you changed your surname. How confusing did you find it to return to school with a different name?*

I don't feel like it was confusing for me, but James, I feel like you were probably the one who struggled with it the most! It's mostly been fine and not too hard. I do get a 'Miss Buegge' every now and then from you, James, but that's about it.

7) *What do you like about teaching the Year 2&3 age-group in particular?*

I think it's a really nice age. You can have really good conversations with them, but they are also still really interested in magical things- storybooks and those types of things. But they are also old enough to discuss more complex topics.